

Goodness Gracious

15" x 40 1/2" Table Runner by Laura Heine

This runner was made with my "Goodness Gracious" fabric line by Windham Fabrics



Supply List:

- 1/2 yard of fabric for the background (53917-19 Navy)
- 1/4 yard of large-scale floral fabric (53911-3 Sun Yellow)
- 6" x 10" of small floral fabric (53917-19 Blue)
- 9" x 10" of medium floral (53913-11 Coral)
- 3 butterflies (53912-6 Lime)
- 6" X WOF of fabric for 1/4" single fold binding (53916-19 Navy)
- 2/3 yard of fabric for the backing (53915-14 Peach)
- 1 1/2 yards of 24" wide Steam a Seam 2 Fusible
- Laura's Collage Mat 17" x 24" for fusing
- Laura's Collage Stiletto
- Laura's Collage Scissors

Fiberworks Inc 3213 Henesta Drive Billings MT 59102 406-656-6663

Fiberworks-heine.com This is a free Fiberworks pattern.

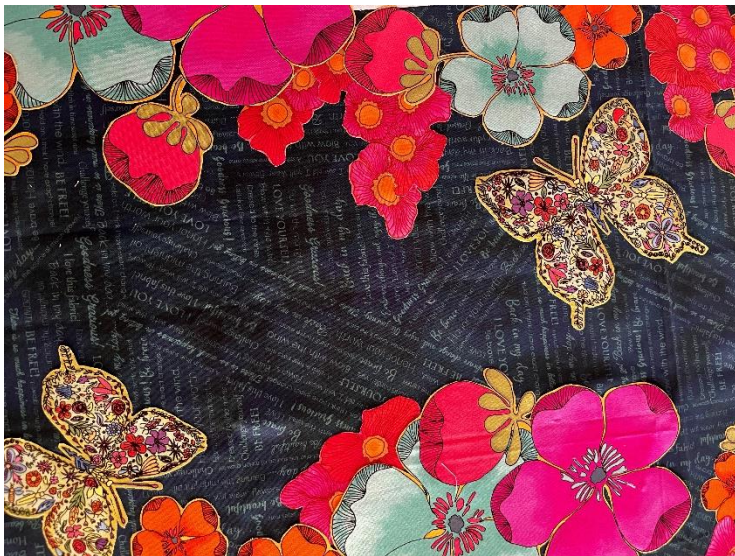
Feel free to make as many copies as you would like!

Fabric from WINDHAMFABRICS.COM

Directions:

1. Fuse all fabrics **except the binding, background and backing** to Steam a Seam 2. Steam a Seam 2 is a double-sided fusible that is repositionable and is permanent once fused. Peel the backing paper off of the fusible and place all of your fabrics on the layer of fusible right sides up. Trim any excess fusible away from the fabrics. Place the fabrics right sides down on the Collage Mat and iron the fabrics to the fusible with a hot iron and no steam. Any excess fusible will stay stuck to the fabric or paper. If you choose to use an applique pressing sheet the excess fusible will stick to the applique pressing sheet. This will require you to clean the applique pressing sheet after each use. Check to see if you have a good fuse by peeling a tiny corner of the paper away from the fused fabric. If the fusible is stuck to the fabric it is a good fuse. If the fusible is sticking to the paper, iron it again until the fusible sticks to the fabric.

Tip: I like using the Collage Mat for collage. Trim the bulk of the excess fusible from around the fabric to be fused. Place the piece to be fused fabric right side down on the mat and press with a hot iron. You cannot over heat Steam a Seam 2, so don't be afraid to get it hot. If any fusible comes out from around the edges of the fabric, the Collage Mat magically makes the fusible stay with the fabric. Let the piece cool slightly and peel it up from the mat. The Collage Mat makes for less clean up that you would do on regular applique pressing sheet. Always be sure to check the mat before fusing another piece to be sure it is free of debris.



2. Cut the background fabric to 15" x 40 $\frac{1}{2}$ " or so. Set aside.
3. Use the Collage Scissors to trim around the fused flowers and butterflies. The flowers will go around the outside of the runner so if you have half flowers or partial flowers they will work great! Once you get a good pile of flowers cut, begin peeling the backing paper away from the fused motif and put it in place along the outer edges of the runner. The motifs will stick in place. Use the stiletto if needed to lift up motifs to get other motifs just slightly under them. You may find that you need to cut some of the larger flowers in half. Get the entire runner filled with flowers around all four edges.

4. Fuse the motifs to the background fabric with a clean hot iron with steam. Steam will set the fusible to permanent. Place the Collage Mat over your runner if your iron is dirty.
5. Quilt the quilt as desired. Use a thin batting or flannel if you want your runner to lay flat. Make sure to quilt very close so each fused piece is under thread. I quilted my quilt with a variegated thread in a horizontal and vertical cross hatch pattern. I randomly change the widths between my stitching lines.
6. Bind the runner with $\frac{1}{4}$ " single fold binding. Cut binding strips at 1 $\frac{1}{4}$ ".

